

Word of Life

JULY 2024



(Ps. 23:1)

« The Lord is my shepherd; I shall not want. »

Psalm 23 is a song of trust and a joyful profession of faith. It invites us to grow in an intimate relationship with God by experiencing his love. **We might wonder how the psalmist could say: "I shall not want?"**



In our daily life, we know that we have problems and challenges in our family, at school or with our friends ... and many people live in terrible conditions caused by war, climate change, migration, violence...



The psalm then gives the answer to this question. It says: **"because you are with me."** (Ps 23:4).



"[...] We come to realize that we are loved and we believe in this love with all our heart..."

We give him all of ourselves and are ready to follow him.



Whatever happens in life, whether it be sad or joyful, is illuminated by the love of God who wills or permits everything for our good." [1].



Jesus calls himself the **"Good Shepherd."** Our relationship with him is personal and deep, and **when it is lived with others, it makes his presence almost "visible" within a community** united in his name, in his love. [2]

HOW I PRAY

I discovered many ways to pray to God. I can pray with dances or music, or in silence, or contemplating the beauty of nature... When my family was going through a very difficult moment, **I proposed that we pray together.** This really gave us the peace and courage we needed and one week later, **we saw miracles happen!**



In this last few months, I often went to church for an hour of adoration, where we sing and give praise to God. **I feel really happy when I do that after a difficult and challenging day...**

(M., 14 yrs.)



[1] Chiara Lubich, *Essential Writings*, New City Press, New York, 2006, pg. 55.

[2] See Mt. 18:20.

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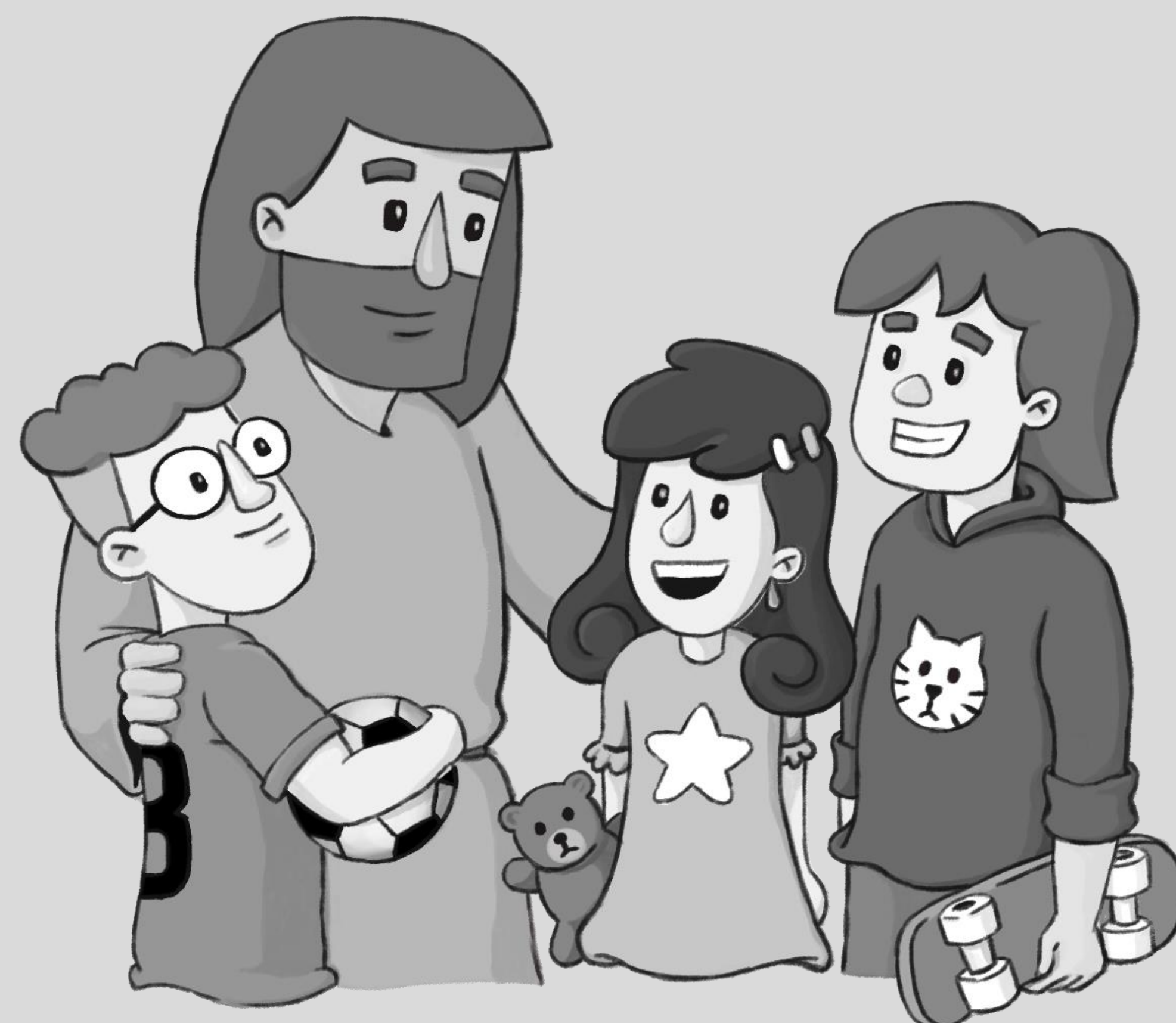


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